

HCPC CONNECTIONS

HARNETT COUNTY PARTNERSHIP FOR CHILDREN







HELLO, FRIENDS!

We want to start off the month by saying how grateful we are for each of you- for your children, your families and your involvement in our organization. In October, we held our first ever, "Raise with Clays" fundraiser, and we are so excited with the success of this event and appreciate the support shown from local businesses and the community. We are forever grateful for the many ways in which the love for Harnett County children is demonstrated and how that helps our community thrive!

As always, we're looking forward to yet another incredible month with each of you and have lots of fun planned for the approaching holidays. Hope to see you soon, little turkeys!



SPECIAL UPCOMING DATES

- November 10th: HCPC Closed in observance of Veteran's Day
- November 16th: Circle of Parents Christmas Tree Lighting
- November 21st: Circle of Parents
 Thanksgiving Lunch
- November 23rd & 24th: HCPC Closed in observance of Thanksgiving
- November 30th: HCPC's Jingle
 Mingle Artisan & Craft Vendor Fair
 with Santa & Mrs. Claus
- December 14th: Little Lights
 Drive-Thru Event

HCPC MISSION:

Our mission is to improve the quality of life for young children and families in Harnett County, through community based programs focusing on health, education, and family support.

HCPC STAFF:

Tara Fish, Executive Director

Dollie Adcock, Healthy Activities Specialist

Janine Bogwicz, Community Outreach Coordinator

Jordan Ellis, Family Support Specialist

Debbie Fann, Fiscal Specialist

Ashleigh Goss, Early Childhood Program Specialist

Whitney Heath, Family Support Specialist

Melanie Jacobson, Early Childhood Program Specialist

Carmen Martell, Lead Family Support Specialist

Kim Polinski, NC Pre-K Program Support Specialist

Amy Rackley, NC Pre-K Program Support Specialist

Lynda Turlington, Early Childhood Program Coordinator

Lena West, NC Pre-K Program Support Specialist

Katie Willoughby, Family Support Specialist





WELCOME BABY CASON!

Congratulations to HCPC's Katie and her husband, Eric, on the arrival of their baby boy, Cason James!

DOLLY PARTON'S IMAGINATION LIBRARY



Dolly Parton's Imagination Library is a book gifting program that mails free books to children from birth until their 5th birthday.

Register your child online today!









A LOOK BACK AT OCTOBER:





















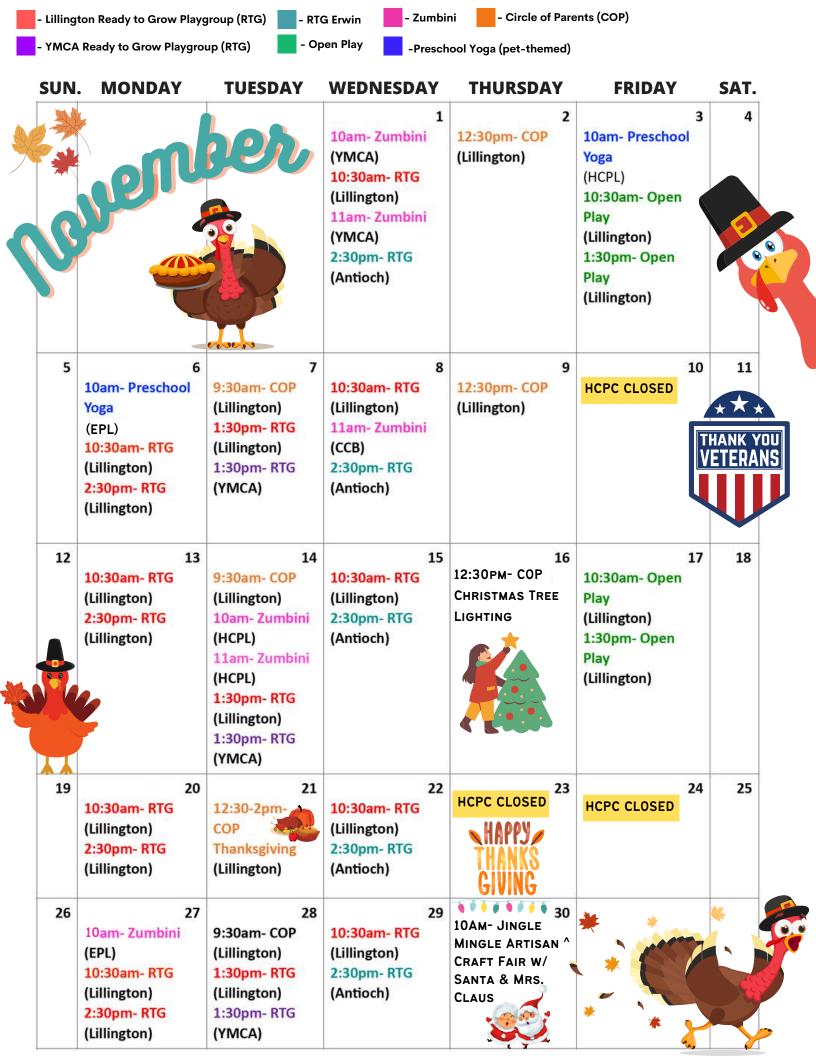














LOCATIONS:

CCB: Coats Community Building, 127 S McKinley St, Coats, NC 27521

EPL: Erwin Public Library, 110 W F St, Erwin, NC 28339

Erwin RTG Groups: 494 Antioch Church Rd, Dunn, NC 28334

HCPL: Harnett County Public Library, 455 McKinney Pkwy, Lillington, NC 27546

Lillington RTG & COP Groups: 170 Pine State St., Lillington

YMCA: 107 Carletta Cagle Dr, Cameron



NOVEMBER IS ALSO:

MILITARY FAMILY MONTH

Military Family Month dedicates November to military families around the world. The observance recognizes the commitment and dedication these families make to their service members. Their sacrifices make it possible for our military to remain organized and strong.

While their servicemen and women are actively serving, deployed or training, their families provide a vital foundation at home that allows confidence in the field. Spouses and children are often separated from their service members for long periods of time and over great distances. Communication can be patchy and under stressful conditions. They frequently move, uprooting children and jobs, but military families are adaptable. During November, the country honors the military families who make the U.S. Armed Forces strong.

NATIONAL FAMILY LITERACY MONTH

National Family Literacy Month is an annual designation observed in November. This month, get the whole family snuggled up on the couch and open up a good book. Studies show that reading aloud with mom or dad is the most important activity when it comes to preparing children to read on their own. And if you raise a good reader... Pretty much anything is possible! Reading helps with vocabulary, writing skills, attention span, memory, and teaches us about other times and places. Even if your child is just a baby, you should still sit down and read with them every once in a while. An infant can look at pictures and listen to your voice as you read stories to them... And believe it or not, studies show that that alone can have a profound effect on your child when it comes to learning later on in life. Grab a few books, gather the family, snuggle up, and let a book take you all to another place together!













Parenting is joyful, but can also present difficulties and challenges. Es una dicha ser padres, pero también presenta dificultades y desafíos.

Feel empowered, supported, and strengthened as you attend weekly Circle of Parents meetings. Join other Harnett County parents/caregivers at our Circle of Parents group.

Siéntase empoderado, apoyado y fortalecido mientras asiste a las reuniones semanales del Círculo de Padres. Únase a otros padres/proveedor de cuidados del Condado de Harnett en nuestro grupo de Círculo de Padres.

● TUESDAYS @ 9:30AM

THURSDAYS @ 12:30PM

LOCATION: 170 PINE STATE ST. LILLINGTON

To register, email familysupporteharnettsmartstart.org or call 910-893-2344.

Para registrarse, envíe un correo electrónico a familysupporteharnettsmartstart.org

o llame al 910-893-2344.

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HEALTHY HABITS FOR HARNETT NOVEMBER YOGA CLASSES



This Pet Yoga Class is going

to be

SO FETCH





<u>Harnett County Public Library (Lillington)</u> – Friday, November 3rd @ 10:00 <u>Erwin Library</u> – Monday, November 6th @ 10:00

HEALTHY HABITS FOR HARNETT

NOVEMBER & DECEMBER ZUMBINI CLASSES











THE JINGLE MINGLE

ARTISAN & CRAFT FAIR

IN PARTNERSHIP WITH THE HARNETT COUNTY PUBLIC LIBRARY



Join us for the 2023 HCPC Jingle Mingle Artisan & Craft fair, featuring local vendors and:

PHOTOS WITH SANTA & MRS. CLAUS (11am-2pm)

SPECIAL HOLIDAY CHARACTERS

EARLY CHILDHOOD ACTIVITIES
HOLIDAY CAROLERS

FOOD TRUCKS





NOVEMBER 30TH, 10AM - 2PM
455 MCKINNEY PKWY, LILLINGTON, NC 27546
FREE ADMISSION
FREE PHOTOS WITH SANTA & MRS. CLAUS



DIAPER DONATION DROP-OFF LOCATION FOR THE HCPC BABY STEPS PROGRAM. *ACCEPTING INFANT & TODDLER

SIZE DIAPERS AND WIPES.*



For more information, visit www.harnettsmartstart.org or call 910-893-2344.













THE JINGLE MINGLE

ARTISAN & CRAFT FAIR

NOVEMBER 30, 2023 10AM - 2PM

(IN THE EVENT OF RAIN, EVENT WILL BE INDOORS.)



VENDOR REGISTRATION



10ft x 10ft Outdoor Vendor Spaces
Donation of 1 Box of Infant or Preschool Diapers Per Space
Space Is Limited. Register By 11/3/23
Email completed form to info@harnettsmartstart.org
or mail to 170 Pine State St, Lillington, NC 27526

BUSINESS NAME: CONTACT NAME:	
PHONE #:	
EMAIL ADDRESS:	
BUSINESS WEBSITE:	
TYPE OF ITEMS THAT WILL BE SOLD AT	воотн:
# OF VENDOR SPACES NEEDED:	

170 Pine State Street, Lillington, NC 27501 / 910-893-2344 / www.harnettsmartstart.org



READY TO GROW GRUPO DE JUEGOS LISTO PARA CRECER

Ready to Grow Playgroup facilitates developmentally appropriate playgroups for children and caregivers who reside in Harnett County. Eligible children must be between the ages of birth through 5 years old. Playgroup facilitators use Kaleidoscope Play & Learn Curriculum to provide hands on activities that focus on early literacy and social emotional competency. Caregivers learn about the purpose of play and will connect with other parents during group time. Children and caregivers will participate in coordinated group activities to prepare the children for success in school.

El Grupo de Juegos Listo para Crecer tendrán sus reuniones en persona en Lillington. Las familias del condado de Harnett, que tengan niños recién nacidos hasta 5 años de edad, son bienvenidos a participar. Las familias tendrán la oportunidad de aprender y jugar con otras familias en persona.

<u>Lillington Playgroup</u> meets on Mondays at 10:30am - 12pm and 2:30pm - 4pm, Tuesdays from 1:30pm - 3pm, and Wednesdays from 10:30am-12pm at 170 Pine State St, Lillington.

Lillington Grupo de Juegos Listo Para Crecer- Lunes de 10:30am - 12pm y 2:30pm - 4pm, Martes de 1:30pm - 3pm, y miércoles de 10:30am - 12pm @ 170 Pine State St, Lillington, NC 27546.

Erwin Playgroup meets on Wednesdays from 2:30pm - 4pm at 494 Antioch Church Rd, Dunn, NC.

Erwin Grupo de Juegos Listo Para Crecer- miércoles de 2:30pm - 4pm.

YMCA Playgroup meets on Tuesdays at 1:30pm - 3pm at 107 Carletta Cagle Dr, Cameron. YMCA Playgroup - Martes de 1:30pm - 3pm @ at 107 Carletta Cage Dr, Cameron.





READY TO GROW PLAYGROUP

THEME OF THE MONTH:

"Too Much TV"

CAREGIVERS WILL LEARN:

How television watching and other screen time affects young children.

KEY MESSAGE:

- 1. Too much screen time (television watching, computer time, video games and other time spent in front of electronic screens) can affect children's cognitive, physical, and social-emotional development.
- 2. The American Academy of
 Pediatrics recommends NO
 television for children under 2
 years and no more than 1-2 hours
 a day for children over 2 years.
 Here's what they say: "Any
 positive effect of television on
 infants and toddlers is still open
 to question, but the benefits of
 parent-child interactions are
 proven. Under age two, talking,
 singing, reading, listening to
 music, or playing are far more
 important to a child's
 development than any TV show."



KEY MESSAGE CONTINUED:

3. Screen time takes away from time our children could be reading, playing, having social interaction with others, being outside, using their imaginations and helping out with household chores. All of these activities have been shown to promote healthy brain development, while screen time may lead to undesired results.

BOOK RECOMMENDATIONS OF THE MONTH:

 The Berenstain Bears - Too Much TV, by Stan and Jan Berenstain

Fix-It Board Book, by David
 McPhail

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GRUPO DE JUEGOS LISTO PARA CRECER

TEMA DEL MES:

"Demasiada televisión"

LOS CUIDADORES APRENDERÁN:

Cómo afecta a los niños pequeños ver televisión y pasar tiempo frente a otras pantallas.

MENSAJES CLAVE:

- 1. Demasiado tiempo frente a la pantalla (ver televisión, tiempo frente a la computadora, videojuegos y otros frente a pantallas electrónicas) puede afectar el desarrollo cognitivo, físico y socioemocional de los niños.
- 2.La Academia Americana de Pediatría recomienda NO ver televisión para niños menores de 2 años y no más de 1-2 horas al día para niños mayores de 2 años. Esto es lo que dicen: "Cualquier efecto positivo de la televisión en los bebés y niños pequeños todavía está abierto a dudas, pero los beneficios de la televisión en las interacciones entre padres e hijos están probados. Actividades como hablar, cantar, leer, escuchar música o jugar son mucho más

MENSAJES CLAVE:

importantes para el desarrollode un niño que cualquier programa de televisión".

3. El tiempo frente a la pantalla les quita tiempo a nuestros hijos que podrían estar leyendo, jugando, teniendo interacción social con los demás, estando al aire libre, usando su imaginación y ayudando con las tareas domésticas. Se ha demostrado que todas estas actividades promueven el desarrollo saludable del cerebro, mientras que el tiempo frente a la pantalla puede conducir a resultados no deseados.

LIBROS RECOMENDADOS:

- The Berenstain Bears Too Much TV, by Stan and Jan Berenstain
- Fix-It Board Book, by David McPhail







