

FEBRUARY 2023

HCPC CONNECTIONS

HARNETT COUNTY PARTNERSHIP FOR CHILDREN







HELLO, FRIENDS!

Ahh, the month of love! February, however, is more than just heart shaped cards and candy! There is so much to be learned and celebrated alongside the young children in our families and communities. From Black History month to Valentine's Day to Children's Dental Health month, we hope you will take the opportunity to show love for our family, friends, and community.

Also make plans to join us throughout the month for Ready to Grow Playgroups, Circle of Parents, Zumbini, Nursery Rhyme Yoga, and a special Valentine's Day Ready to Grow Playgroup!



SPECIAL ANNOUNCEMENTS

- February 1st: Ready to Grow Playgroups and Circle of Parents commence their new schedules for 2023.
- February 3rd: Open Play Fridays begin at Family Connections.
- February 6th: Zumbini begins at the YMCA in Cameron.
- February 14th: Valentine's Day themed Ready to Grow Playgroup

HCPC MISSION:

Our mission is to improve the quality of life for young children and families in Harnett County, through community based programs focusing on health, education, and family support.

HCPC STAFF:

Tara Fish, Executive Director

Dollie Adcock, Healthy Activities Specialist

Janine Bogwicz, Community Outreach Coordinator

Jordan Ellis, Family Support Specialist

Debbie Fann, Fiscal Specialist

Whitney Heath, Family Support Specialist

Melanie Jacobson, Early Childhood Program Specialist

Carmen Martell, Lead Family Support Specialist

Kim Polinski, NC Pre-K Program Support Specialist

Amy Rackley, NC Pre-K Program Support Specialist

Lynda Turlington, Early Childhood Program Coordinator

Lena West, NC Pre-K Program Support Specialist

Katie Willoughby, Family Support Specialist

EMPLOYMENT OPPORTUNITIES:

Want to be a part of HCPC and our mission? Visit https://harnettsmartstart.org/hcpc-employment-opportunities/ to view current job opportunities or scan the QR code here:

2022-2023 BOARD MEMBERS:

Joe Langley Chair

Mary Jane Sauls
Treasurer

Lisa McFadden At-Large Member

Julie McLeod
Immediate Past Chair

Lauren Cappola
Claudia Farr
Brenda Harnack
Angela McCawley
Melody McGee
Shirley McKoy
Morgan Norris
Nutan Varma
Sabrina White
Becky Wise









DOLLY PARTON'S IMAGINATION LIBRARY





FOR OFFICE USE ONLY: Date Received:



REGISTER YOUR CHILD TODAY TO RECEIVE FREE BOOKS!





www.harnettsmartstart.org

PREFER TO MAIL IN YOUR REGISTRATION FORM?

Group Code: _

Drop off or mail your completed form to:

Harnett County Partnership for Children, Attn: DPIL, 170 Pine State St, Lillington, NC 27546

PLEASE PRINT Child's FU	LL Name:		
Child's Date of Birth	MONTH / DAY / YEAR	Sex: M F	Phone:
arent/Guardians Na	me:		
hild's Home Addres	SS: ADDRESS		
	CITY	STATE	ZIP CODE
ailing Address: Different)	ADDRESS		
	сіту	STATE	ZIP CODE
mail Address:			
Objected to a social	C VOLID TOWN LICA?		
This child is a resider	nt of YOUR TOWN, USA"	SIGNATURE OF PARENT/GUARDIAN	

Sign up your child today!

Simply fill out the form and mail to:

Harnett County Partnership for Children Attn: DPIL 170 Pine State St Lillington, NC 27546



The Dollywood Foundation is a 501(c)(3) public nonprofit organization.

A LOOK BACK AT JANUARY:





























Parenting is joyful, but can also present difficulties and challenges.

Feel empowered, supported, and strengthened as you attend weekly Circle of Parents' meetings. Join other Harnett County parents/caregivers at our Circle of Parents' group.

- SPANISH-SPEAKING CIRCLE OF PARENTS
 TUESDAYS @ 2:30PM / 170 PINE STATE ST. LILLINGTON
- LILLINGTON MORNING CIRCLE OF PARENTS
 THURSDAYS @ 9:30AM / 170 PINE STATE ST, LILLINGTON
- LILLINGTON EVENING CIRCLE OF PARENTS
 THURSDAYS @ 4:30PM / 170 PINE STATE ST, LILLINGTON

To register, email familysupport@harnettsmartstart.org or call 910-893-2344.



Harnett County Partnership for Children

170 Pine State St, Lillington, NC 27546 PHONE: 910-893-2344

www.harnettsmartstart.org













Es una dicha ser padres, pero también presenta dificultades y desafíos.

Siéntase empoderado, apoyado y fortalecido mientras asiste a las reuniones semanales del Círculo de Padres. Únase a otros padres/proveedor de cuidados del Condado de Harnett en nuestro grupo de Círculo de Padres.

- CÍRCULO DE PADRES DE HABLA HISPANA
 MARTES @ 2:30PM / 170 PINE STATE ST. LILLINGTON
- LILLINGTON CÍRCULO DE PADRES- MATUTINO JUEVES @ 9:30AM / 170 PINE STATE ST. LILLINGTON
- LILLINGTON CÍRCULO DE PADRES- NOCTURNO
 JUEVES @ 4:30PM / 170 PINE STATE ST. LILLINGTON

Para registrarse, envíe un correo electrónico a familysupporteharnettsmartstart.org o llame al 910-893-2344.



Harnett County Partnership for Children

170 Pine State St, Lillington, NC 27546 PHONE: 910-893-2344

www.harnettsmartstart.org













HEALTHY HABITS FOR HARNETT





Nursery Rhyme Preschool Yoga Time















Harnett County Public Library (Lillington)- Friday, February 3rd at 10:00

Angier Public Library- Friday, February 10th @ 10:00

Dunn Public Library- Friday, February 17th at 10:00

Coats Public Library- Wednesday, February 22nd at 10:00

Erwin Public Library-Friday, February 24th at 10:00





February 1st @10:00 & 11:00– Angier Public Library

February 7th @ 10:00 & 11:00- Harnett County Public Library (Lillington)

February 13th @ 10:00- Erwin Public Library

February 23rd @ 10:00 &11:00- Angier Public Library

February 27th @ 10:00- Erwin Public Library

February 28th @ 10:00 & 11:00- Harnett County Public Library (Lillington)

Registration is Required Space is Limited







Zumbini classes will now also be held at the Saleeby YMCA located at 107 Carletta Cage Drive in Cameron, NC!

February 6th @ 10am & 11am

February 8th @ 10am & 11am

REGISTRATION IS REQUIRED* SPACE IS LIMITED*



REGISTRATION





HEALTHY HABITS FOR HARNETT

MARCH CLASSES





Harnett County Public Library (Lillington)

Angier Public Library

Scan code for Erwin Public Library
dates & times

Saleeby YMCA





Dollie Adcock making HCPC proud once again! Dollie had the opportunity to present over 800 early childhood professionals during the 2023 Miami-Dade Head Start conference for a kids' yoga + mindfulness training.

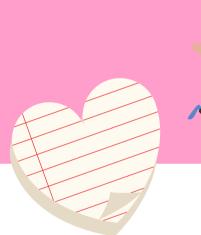


NC PRE-K



The Harnett County NC Pre-K office has moved to downtown Lillington at:

107 W Front Street Lillington, NC.





APPLICATIONS FOR THE 2023-2024 SCHOOL YEAR

NC Pre-K applications for the 2023-2024 school year will be made available to the public on April 3. 2023.

Interested parents/caregivers of rising pre-k students will be able to find applications at www.harnettsmartstart.org, at our offices (107 Front Street, Lillington and 170 Pine State St, Lillington), and outside HCPC offices on the side of the dropboxes. Please note, your child must be 4 years old by August 31, 2023 to be eligible for the program. For additional information, please visit www.harnettsmartstart.org or call 910-893-2344.

PEEK OF THE NEW FAMILY CONNECTIONS

The Family Support team has been hard at work the last couple of months in moving Family Connections to its new building located at 170 Pine State Street. Lots of planning, organizing and innovating has taken place to create a new playspace for families to enjoy!



















READY TO GROW



Ready to Grow Playgroup facilitates developmentally appropriate playgroups for children and caregivers who reside in Harnett County. Eligible children must be between the ages of birth through 5 years old. Playgroup facilitators use Kaleidoscope Play & Learn Curriculum to provide hands on activities that focus on early literacy and social emotional competency. Caregivers learn about the purpose of play and will connect with other parents during group time. Children and caregivers will participate in coordinated group activities to prepare the children for success in school.

••••••

Erwin Playgroup meets on Wednesdays from 10:30am - 12pm @ 494 Antioch Church Rd, Dunn, NC 28334

<u>Lillington Playgroup</u> meets on Mondays at 10:30am-12pm and 2:30pm-4:pm & on Tuesdays and Wednesdays from 10:30am-12pm @ 170 Pine State St, Lillington.

<u>Lillington Spanish-Speaking Playgroup</u> meets Wednesdays from 2:30pm-4pm at 170 Pine State St, Lillington. All are welcome!



Find Us On:













170 Pine State Street, Lillington, NC 27546
Phone: 910-893-2344 / www.harnettsmartstart.org



READY TO GROW PLAYGROUP

We hope you all have been enjoying our new space. We missed seeing all of you during the big move! This month we are going to be talking about dental health and ways to support and teach children the importance of a clean and healthy mouth. Also, we will be celebrating friendship on Valentine's Day. Don't forget to follow us on Facebook to stay up to date with all things happening.

Best.

Ns. Tarmen Ms. Jordan

Ms. Katie Ms. Whitney

THEME OF THE MONTH:

Bright Smiles

CAREGIVERS WILL LEARN:

Fun ideas to help teach children the proper way to brush and care for their teeth.

KEY MESSAGE

- 1. It's important that we help children learn about keeping their mouths and teeth healthy and that we help them clean their mouths and teeth until they're able to do so without our help.
- 2. Even children without teeth including infants - need to have their gums cleaned at least once daily with a wet cloth to keep their mouths and gums healthy and prepare them for strong baby teeth.

BOOK RECOMMENDATIONS OF THE MONTH:

- Clarabella's Teeth, by Ann Vrambout
- Joey Goes to the Dentist, by Candace Vittorini and Sara Boyer-Quick
- Alley Alligator, Awesome Smile, by Timothy E. McNutt Sr. DDS
- Brush Your Teeth Please, by Leslie McGuire
- Franklin and the Tooth Fairy, by Paulette Bourgeois
- Open Wide: Tooth School Inside, by Laurie Keller









GRUPO DE JUEGOS LISTO PARA CRECER

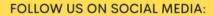
El Grupo de Juegos Listo para Crecer tendrán sus reuniones en persona en Lillington. Las familias del condado de Harnett, que tengan niños recién nacidos hasta 5 años de edad, son bienvenidos a participar. Las familias tendrán la oportunidad de aprender y jugar con otras familias en persona.

Erwin Playgroup - Miércoles de 10:30 de la mañana a 12 de la tarde @ 494 Antioch Church Rd, Dunn, NC 28334

Lillington Playgroup - Lunes de 10:30am -12pm y 2:30pm-4pm, Martes y Miércoles de 10:30am -12pm @ 170 Pine State St, Lillington, NC 27546

Lillington Habla-Hispana Playgroup - Miércoles de 2:30 de la tarde a 4:00 @ 170 Pine State St, Lillington. Todos son bienvenidos!

Search for thi













170 Pine State Street, Lillington, NC 27546 Phone: 910-893-2344 / www.harnettsmartstart.org





GRUPO DE JUEGOS LISTO PARA CRECER

Esperamos que todos estén disfrutando de nuestro nuevo espacio. ¡Los extrañamos a todos durante la gran mudanza! Este mes vamos a hablar sobre la salud dental y las formas de apoyar y enseñar a los niños la importancia de una buena salud oral. También, durante este mes celebraremos la amistad en el Día de San Valentín. No olvides seguirnos en Facebook para mantenerse al día de todo lo que sucede con nuestros programas.

¡Saludos! ,

Ms. Jordan

Ms. Katie

ESTE MES:

LIBROS RECOMENDADOS PARA

- Clarabella's Teeth, by Ann Vrambout
- Joey Goes to the Dentist, by Candace Vittorini and Sara Boyer-Quick
- Alley Alligator, Awesome Smile, by Timothy E. McNutt Sr. DDS
- Brush Your Teeth Please, by Leslie McGuire
- Franklin and the Tooth Fairy, by Paulette Bourgeois
- Open Wide: Tooth School Inside, by Laurie Keller

TEMA DEL MES:

Sonrisas Brillantes

OBJETIVOS DE APRENDIZAJE:

Ideas divertidas para ayudar a los niños la forma correcta de cepillarse y cuidar sus dientes.

MENSAJE CLAVE:

- 1. Es importante que ayudemos a los niños a aprender a mantener su boca y dientes sanos y que les ayudemos a limpiar sus bocas y dientes hasta que puedan hacerlo sin nuestra ayuda.
- 2. Incluso los niños sin dientes, incluyendo los bebés, necesitan que sus encías sean limpiadas al menos una vez al día con un paño húmedo para mantener sus bocas y encías sanas y prepararlas para fuertes dientes de leche.







RESOURCE FOR PARENTS/CAREGIVERS

ORAL HEALTH TIPS FOR CHILDREN



Regular dental visits for child



Complete dental treatment if required



Brush teeth twice a day



Brush teeth with flouride toothpaste



No bottle for sleeping



Less or no juice



Only water in sippy cups



Drink tap water



Healthy snacks



Less or no junk food and candy



No soda



Floss everyday



STEP

STEP TEAM NEWS:

Lynda Turlington, STEP Early Childhood Program Coordinator, is taking advantage of working with the NC Healthy & Resilient Communities Initiative to receive a NC Certificate in Trauma and Resilience. This is a 3-step process. The first step was receiving her professional certification in Trauma and Resilience from Florida State University. The second step was completion of a 2-day Resources for Resilience training, and lastly, the third and last step is completing an 8- hour Racial Equity Fundamentals workshop through Area L AHEC.

Lynda will be presenting a webinar for CCCC Small Business Center on February 7th, 2023. The webinar is ideal for aspiring childcare entrepreneurs. Discussions will include regulations, best practices for hiring staff, and resources to help you get your childcare business started. Follow-up webinars will be focused on developing a business plan and managing the funding of the business. Register at http://www.harnettsbc.com/seminars/

Harnett County Family childcare homes will have their quarterly support meeting on Thursday February 2nd We have a guest speaker Imani Sie-Duke, our region 13 Birth to Three Specialist. She will speak on how to care for infant/toddlers in a multi age Family childcare home.

If you would like specialized training for yourself or your childcare center staff, please contact us. We have numerous training workshops that we can personalize for your needs.



The Harnett County STEP office has moved to:

327 Pine State St Lillington, NC

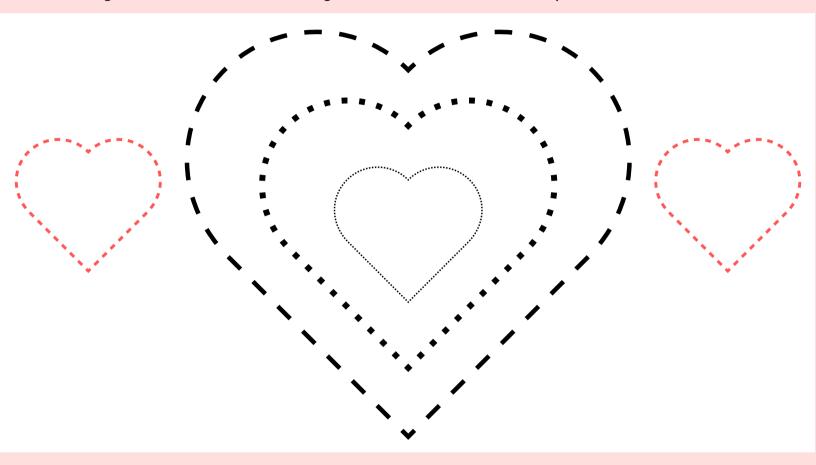


KIDS' CORNER



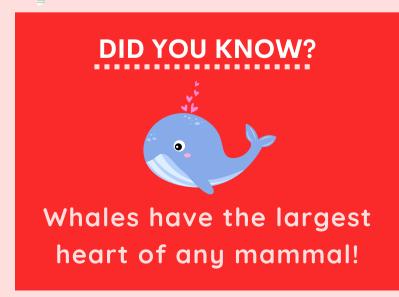
Trace the hearts below.

Tracing helps little ones refine their pre-writing skills, and builds the foundation for drawing and writing letters and words. Tracing is beneficial because it helps build: Fine motor skills.





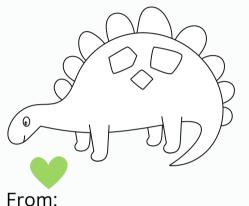


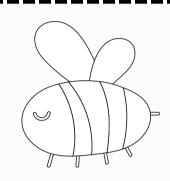


SHARE THE LOVE!

Cut and color the Valentine's Day Cards below and share with family and friends!

YOU'RE **DINO-MITE!**





WILL YOU BEE MY VALENTINE?

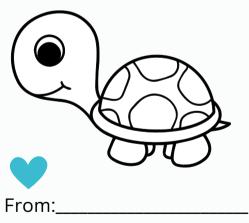


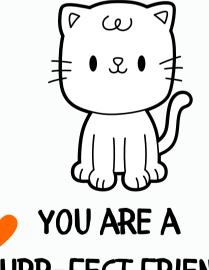
I LOVE YOU **BEARY MUCH!**



From:

YOU ARE **TURTLE-Y AWESOME!**



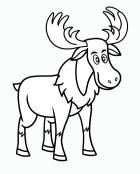


PURR-FECT FRIEND!

HAVE A FIN-TASTIC VALENTINE'S DAY!



From:



IT MOOSE BE LOVE! HAPPY VALENTINE'S DAY!



From:

