

JANUARY 2023

HELLO, FRIENDS!

Happy 2023! We are excited about a new year, new opportunities, and new adventures with you!

HCPC has been super busy this last month with lots of big changes. We have added office space and revamped our program locations to accommodate the growth of each program. Beginning in 2023, we will also be adding a new Ready to Grow location, so be sure to stayed tuned for details for that coming soon! We hope you'll join us throughout 2023 for lots of fun opportunities for young children and families to learn and connect!



SPECIAL ANNOUNCEMENTS

- January 2nd: HCPC closed in observance of New Year's Day
- January 16th: HCPC closed in observance of Martin Luther King Jr. Day
- January: Start dates for Ready to Grow Playgroups and Circle of Parents will be announced as soon as the new Family Connections playspace and meeting room have been completed.

HCPC MISSION:

Our mission is to improve the quality of life for young children and families in Harnett County, through community based programs focusing on health, education, and family support.

HCPC STAFF:

Tara Fish, Executive Director Dollie Adcock, Healthy Activities Specialist Janine Bogwicz, Community Outreach Coordinator Jordan Ellis, Family Support Specialist Debbie Fann, Fiscal Specialist Whitney Heath, Family Support Specialist Melanie Jacobson, Early Childhood Program Specialist Carmen Martell, Lead Family Support Specialist Kim Polinski, NC Pre-K Program Support Specialist Amy Rackley, NC Pre-K Program Support Specialist Lynda Turlington, Early Childhood Program Coordinator Lena West, NC Pre-K Program Support Specialist Katie Willoughby, Family Support Specialist







EMPLOYMENT OPPORTUNITIES:

Want to be a part of HCPC and our mission? Visit https://harnettsmartstart.org/hcpc-employment-opportunities/ to view current job opportunities or scan the QR code below:







2022-2023 BOARD MEMBERS:

Joe Langley Chair

Mary Jane Sauls Treasurer

Lisa McFadden At-Large Member

Julie McLeod Immediate Past Chair Lauren Cappola Claudia Farr Brenda Harnack Angela McCawley Melody McGee Shirley McKoy Morgan Norris Nutan Varma Sabrina White Becky Wise

UPCOMING BOARD OF DIRECTORS & COMMITTEE MEETINGS:



A LOOK BACK AT DECEMBER:































			- Lillington Ready to Gro	ow Playgroup (RTG)	- Spanish Speaking	Groups	
	Janu	771.	- Erwin Ready to Grow F	Playgroup (RTG)	- Circle of Parents (0	COP)	
			- Peace, Love & PJs Yog	a	- Zumbini		
SUN	. MONDAY	TUESDA	WEDNESDAY	THURSDA	FRIDAY	SAT.	
1		3	4	5 10am: Zumbini (EPL)	6 10am: Children's Peace Love & PJ's Yoga (HCPL)	7	
8	9	10 10am: Zumbini (HCPL) 11am: Zumbini (HCPL)	11 10am: Zumbini (APL) 11am: Zumbini (APL)	12	13 10am: Children's Peace Love & PJ's Yoga (APL)	14	
15	16 Martin Luther King Jr Day HCPC Closed	17	18 10:30am - RTG (Erwin)	19 10am: Zumbini (APL) 11am: Zumbini (APL)	20 10am: Children's Pet-Themed Yoga (DPL)	21	
22	23	24 National Compliment Day Good great acar Wanare Wanare Soffer Soffer Court able great	25 10am: Children's Pet-Themed Yoga (CPL) 10:30am - RTG (Erwin)	26	27 10am: Children's Pet-Themed Yoga (EPL)	28	
29	30 10am: Zumbini (EPL)	31 10am: Zumbini (HCPL) 11am: Zumbini (HCPL)	 LOCATIONS: APL - Angier Public Library EPL - Erwin Public Library HCPL - Harnett County Public Library Erwin Groups: 494 Antioch Church Rd, Dunn 				
Λ	11		Lillington Grou				

JANUARY 2023 - HCPC CONNECTIONS



Parenting is joyful, but can also present difficulties and challenges.

Feel empowered, supported, and strengthened as you attend weekly Circle of Parents' meetings. Join other Harnett County parents/caregivers at our Circle of Parents' group.





STAY TUNED FOR INFORMATION ON 2023 START DATES FOR CIRCLE OF PARENTS.



Check out the Circle of Parents webpage to find great family activities and resources!



Es una dicha ser padres, pero también presenta dificultades y desafíos.

Siéntase empoderado, apoyado y fortalecido mientras asiste a las reuniones semanales del Círculo de Padres. Únase a otros padres/proveedor de cuidados del Condado de Harnett en nuestro grupo de Círculo de Padres.





ESTÉN ATENTOS PARA OBTENER INFORMACIÓN SOBRE LAS FECHAS DE INICIO PARA CÍCULO DE PADRES 2023.



¡Visite la página web del Círculo de Padres para encontrar excelentes actividades y recursos para la familia!

DOLLY PARTON'S IMAGINATION LIBRARY





SCAN THE QR CODE WITH YOUR CELL PHONE CAMERA TO REGISTER YOUR CHILD FOR FREE BOOKS!

PREFER TO MAIL IN YOUR REGISTRATION FORM?

Drop off or mail your completed form to:

Harnett County Partnership for Children, Attn: DPIL, 170 Pine State St, Lillington, NC 27546

Privacy Statement: This PLEASE PRINT	AGINATION LIBRARY O information will not be used for any p	urpose other than the Imaginati	ion Library.	Sign up your child today!	
Child's Date of Birth:	MONTH / YEAR	/ Sex: M F Phone:		Harnett County Partnership for Children Attn: DPIL 170 Pine State St	
Child's Home Address	ADDRESS			Lillington, NC 27546 — —	
Mailing Address: (If Different)	ADDRESS	STATE	ZIP CODE		
Email Address:				- Dolly Partony	
"This child is a resident	of YOUR TOWN, USA"	SIGNATURE OF PARE	ENT/GUARDIAN	LIBRARY	
	NLY: Date Received:	Group Co	de:	The Dollywood Foundation is a 501(c)(3) public nonprofit organization.	
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Since launching in 1995, Dolly Parton's Imagination Library has become the premier early childhood book gifting program in the world by mailing well over 90 million free books in Australia, Canada, United Kingdom and the United States. Currently, the program mails over one million specially selected, age-appropriate books monthly to registered children from birth to age five. Dolly's vision was to create a lifelong love of reading, prepare children for school and inspire them to dream. Recent studies suggest participation in the Imagination Library program is positively and significantly associated with higher measures of early language and math development. Penguin Random House is the exclusive publisher for Dolly Parton's Imagination Library.

The Harnett County Partnership for Childen's partnership with Dolly Parton's Imagination Library ensures all Harnett County children, from birth to their fifth birthday, can have a great selection of books at home.

You can never get enough books into the hands of enough children.

-Dolly Parton



HEALTHY HABITS FOR HARNETT JANUARY CLASSES



Peace Love & PJ's





Wear your favorite PJ's and bring a stuffed animal for an awesome Pajama Party Yoga Class!

Harnett County Public Library (Lillington)- Friday, January 6th at 10:00 Angier Public Library- Friday, January 13th @ 10:00 Dunn Public Library- Friday, January 20th at 10:00 Coats Public Library- Wednesday, January 25th at 10:00 Erwin Public Library-Friday, January 27th at 10:00





JANUARY JANUARY ZUMOIN With Ms. Doll



SCAN ME

January 5th @ 10:00- Erwin Public Library January 10th @ 10:00 & 11:00- Harnett County Public Library (Lillington)

January 11th @ 10:00 &11:00- Angier Public Library

January 19th @ 10:00 & 11:00- Angier Public Library

January 30th @ 10:00- Erwin Public Library

January 31st @ 10:00 & 11:00– Harnett County Public Library (Lillington)



"Registration is Required "Space is Limited"



HEALTHY HABITS FOR HARNETT FEBRUARY CLASSES



Nursery Rhyme Preschool Yoga Time







Children Ages 3-5



Hey Diddle, Diddle & Humpty too, I can't wait to do yoga with you!



Harnett County Public Library (Lillington)- Friday, February 3rd at 10:00 Angier Public Library- Friday, February 10th @ 10:00 Dunn Public Library- Friday, February 17th at 10:00 Coats Public Library- Wednesday, February 22nd at 10:00 Erwin Public Library-Friday, February 24th at 10:00



"Registration is Required "Space is Limited"

SNOWMAN SMOOTHIES

INGREDIENTS:

- 1 banana
- 250ml milk
- 50g Greek yogurt
- 25g oats
- 30g desiccated coconut
- a few drops of vanilla extract
- maple syrup or honey to taste

- First prepare the banana peel and slice it into rounds, then lay them on a lined baking tray and freeze for a couple of hours.
- Before making the smoothie, prepare the cup or glass that you are serving it in by drawing on a fun snowman design with the marker pens.
- To make the smoothie, add the milk, Greek yogurt, oats, desiccated coconut, and vanilla extract to a blender. Remove the banana pieces from the freezer and add them to the blender.
- Blend together until completely smooth. Add a little maple syrup or honey to sweeten, if needed.
- Pour into the prepared cup or glass and, just before serving, top with whipped cream and snowflake sprinkles. Enjoy!

MOTHEREAD

LEARN ENGLISH FREE!

LOCATION: Angier Baptist Church 155 S. Hickory Street Angier, NC 27501

Class Starts: September 6, 2022

Class Schedule: Tuesdays, Wednesdays, and Thursdays, 9:00 am - 1:30 pm

For more information, please call at 910-814-8975.





FREE!

FREE!

FREE!

MOTHEREAD PROGRAM

A family literacy program for parents/caregivers of 0-5 years old (Pre-K) children. Bring your children to class with you!

Learn English speaking, reading, and writing skills

Learn basic computer skills

Childcare teachers for nursery and preschool age children

FREE snacks for you and your children

FREE children books to take home

Opportunity to read books in English to your children at home



¡Aprende inglés gratis!



Horario de clase:

Primera clase: September 6, 2022 martes, miércoles y jueves 9:00 A.M. - 1:30 P.M.

Para más información, llame al 910-814-8975.





www.cccc.edu

GRATIS!

¡GRATIS!

¡GRATIS!

PROGRAMA MOTHEREAD

Un programa de alfabetización familiar para padres / cuidadores de niños de 0 a 5 años (Pre-K). ¡Traiga a sus niños a la clase con usted!

Aprende inglés, lectura y escritura

Aprender conocimientos básicos de informática

Cuidado personal para bebés y preescolares

Bocadillos GRATIS para usted y sus niños

Libros GRATIS para niños para llevar a casa

Oportunidad de leer libros en inglés a sus niños en casa

NC PRE-K



Applications for the 23-24 School Year

In January we start receiving calls from excited parents about NC Pre-K applications for the new year! Our applications will come out mid-April. Applications can be found online, outside our office on the side of the drop box, or inside our office. Your child must be 4 by August 31, 2023 to be eligible for the program.





Scan the QR code with your cell phone camera to access the 2022-2023 NC Pre-K application.

NC PRE-K

DEVELOPMENTAL MILESTONES/CONCERNS ABOUT DEVELOPMENT

The Centers for Disease Control and Prevention (CDC) has some great tools to help you track your child's development. Once you visit the site you can choose your child's age and fill out a few questions to know if your child is meeting developmental milestones. These milestones can be printed, or you can download the app to your smartphone. The link is: CDC's Developmental Milestones | CDC. If you have concerns about your child's development, you can reach out to your child's pediatrician. Fill out the developmental milestones checklist for some bullet points to bring up in the conversation. As an NC Pre-K student, your child has already had a developmental screening called the DIAL-4. If your child scored low on the DIAL-4 you can reach out to us for questions or to Harnett County Preschool Services to request further evaluation.

FUN AT HOME

We want to share a few fun activities to try at home. Some of these activities incorporate math while others incorporate literacy. These should be simple, quick, easily added to daily activities, and FUN!

- Count the number of people in your family and then set the table with napkins, plates, and forks/spoons
- Sort laundry by color
- Snuggle up and read a book, be sure to point out the Title, the front of the book, the back of the book, and the direction that you read the words
- Use shower cream on your bathtub wall to write letters, be sure to make the letter sound as you play
- Play "I Spy" and incorporate numbers.

👜 ReadyRosie

If you haven't accepted the Ready Rosie invitation from your child's teacher, please make sure to do so! If you have not received an invitation, reach out to the teacher and ask how to join! There are fun activities and videos that you can engage with for more fun ideas and educational videos.





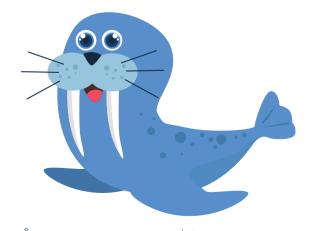


JANUARY 2023 - HCPC CONNECTIONS



Ready to Grow Playgroup facilitates developmentally appropriate playgroups for children and caregivers who reside in Harnett County. Eligible children must be between the ages of birth through 5 years old. Playgroup facilitators use Kaleidoscope Play & Learn Curriculum to provide hands on activities that focus on early literacy and social emotional competency. Caregivers learn about the purpose of play and will connect with other parents during group time. Children and caregivers will participate in coordinated group activities to prepare the children for success in school.

STAY TUNED FOR INFORMATION ON 2023 START DATES FOR READY TO GROW PLAYGROUPS.



READY TO GROW PLAYGROUP

HELLO FRIENDS,

We hope you had a great holiday season! We have some exciting news to share, WE HAVE MOVED FAMILY CONNECTIONS, OUR LILLINGTON PLAYSPACE! **Family Connections is now at 170 Pine State Street, Lillington NC, 27546**. For the first part of January 2023, we will be finishing up the details of the playspace and making sure everything ready for your families. Until then, here are a few winter activities you can do at home with your children!

MAKE YOUR OWN SNOW AT HOME:

Materials Needed: Baking soda and water Directions: Pour 1 cup of baking soda into a bowl and add water one tablespoon at a time. Use a fork or a whisk to stir the two ingredients together, adding more water as you go. When it's light and powdery, it's ready to play with!





MAKE A PAPER SNOWFLAKE:

Caregivers will learn strategies to include children in everyday activities.

SNOWMAN SENSORY BOTTLE:

Materials Needed: Empty plastic bottle

Directions: Fill the bottle halfway with water. Fill to the top with fake glittery snow. Fill to the top with water, leaving about 1/2-inch space at the top so there is room to shake. Parent/caregiver should then hotglue or superglue the lid closed. Cover the top with black tape. Glue eyes, nose, and a mouth to the bottle (make using craft foam). Cut a piece of a scrap fabric, wrap around the bottle, and tie to create a scarf.









GRUPO DE JUEGOS LISTO PARA CRECER

El Grupo de Juegos Listo para Crecer tendrán sus reuniones en persona en Lillington. Las familias del condado de Harnett, que tengan niños recién nacidos hasta 5 años de edad, son bienvenidos a participar. Las familias tendrán la oportunidad



de aprender y jugar con otras familias en persona.

ESTÉN ATENTOS PARA OBTENER INFORMACIÓN SOBRE LAS FECHAS DE INICIO A PARA LOS GRUPOS DE JUEGO DE 2023.



GRUPO DE JUEGOS LISTO PARA CRECER

HOLA, AMIGOS

¡Esperamos que haya tenido una gran temporada navideña! Tenemos algunas noticias emocionantes para compartir -HEMOS TRASLADADO NUESTRO ESPACIO DE JUEGOS DE LILLINGTON! Family Connections está ahora en 170 Pine State Street, Lillington NC, 27546. Durante el mes de enero de 2023, terminaremos los detalles del espacio de juego y asegurarse de que todo esté listo para sus familias. ¡Mientras tanto, aquí algunas actividades de invierno que puedes hacer en casa con tus hijos!

CREA TU PROPIA NIEVE EN CASA:

Materiales necesarios: Bicarbonato de sodio y agua Instrucciones: Vierta 1 taza de bicarbonato de sodio en un tazón y agregue. Riegue una cucharada a la vez. Use un tenedor o un batidor para mezclar los dos ingredientes juntos, agregando más agua a medida que avanza. Cuando se vea ligero y polvoriento, ya está listo para jugar.





HAZ UN COPO DE NIEVE DE PAPEL:

Los cuidadores aprenderán estrategias para incluir a los niños en actividades cotidianas.

BOTELLA SENSORIAL DE MUÑECO DE NIEVE:

Materials Needed: Empty plastic bottle Materiales necesarios: Botella de plástico vacía

Instrucciones: Llene la botella hasta la mitad con agua. Rellenar hasta arriba con nieve brillante. Llene hasta la parte superior con agua, dejando aproximadamente 1/2 pulgada de espacio en la parte superior para que haya espacio para agitar. Los padres / cuidadores deben entonces pegar la tapa con pega caliente o superglue. Cubra la parte supe rior con cinta negra. Pegar los ojos, la nariz y la boca a la botella (hacer con espuma artesanal). Cortar un pedazo de un trozo de tela, envolver alrededor de la botella, y atar para crear una bufanda.



STEP

We Have Moved

The Harnett County STEP office has moved to: 327 Pine State St Lillington, NC



CHILD CARE PROVIDERS CHANGE THE WORLD ONE CHILD AT A TIME.

Join the Harnett County Early Child Care Professionals Facebook Group!

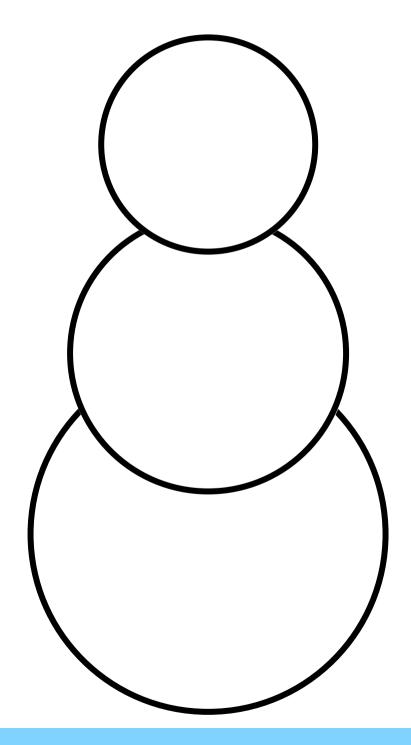


Look at the pictures below and check the word that correctly matches the item.





Cut out the parts on the next page and paste them onto the snowman below.



Submit a copy of your child's work to be featured on our Facebook page and on the HCPC website! Email to info@harnettsmartstart.org

